



NATIONAL STATISTICS OFFICE OF GEORGIA

NUMBER OF POPULATION AS OF JANUARY 1, 2026



NATIONAL STATISTICS OFFICE OF GEORGIA

24.04.2026

NUMBER OF POPULATION AS OF JANUARY 1, 2026¹

As of January 1, 2026, the population of Georgia equals 3 941.1 thousand persons, registering a 0.3 percent increase from the previous year². The calculation of this indicator is based on the results of the 2024 population census, as well as the 2025 natural and mechanical movement indicators.

It should be mentioned that 2025 resulted in the negative natural increase (-6 452) and positive net migration (17 127).

As of January 1, 2026, 62.7 percent of the population lives in urban settlements. At the same time, more than one third of total population lives in c. Tbilisi.

NUMBER OF POPULATION AS OF JANUARY 1, 2026 BY REGIONS AND TYPE OF SETTLEMENTS, (THOUSANDS)

REGIONS	TOTAL	AMONG THEM:	
		URBAN	RURAL
GEORGIA	3 941.1	2 472.5	1 468.6
C. Tbilisi	1 369.4	1 309	60.3
Adjara A.R.	413.2	279.9	133.3
Guria	101.6	31.7	69.8
Imereti	492.5	264	228.5
Kakheti	300	70.7	229.3
Mtskheta-Mtianeti	93.2	22.3	70.9
Racha-Lechkhumi and Kvemo Svaneti	29.5	7.2	22.3
Samegrelo-Zemo Svaneti	297.8	131.9	165.9
Samtskhe-Javakheti	155.5	58.8	96.7
Kvemo Kartli	440.1	192.8	247.3
Shida Kartli	248.4	104.2	144.2

Note: Individual figures may not sum up to the total due to rounding.

¹Data do not cover occupied territories.

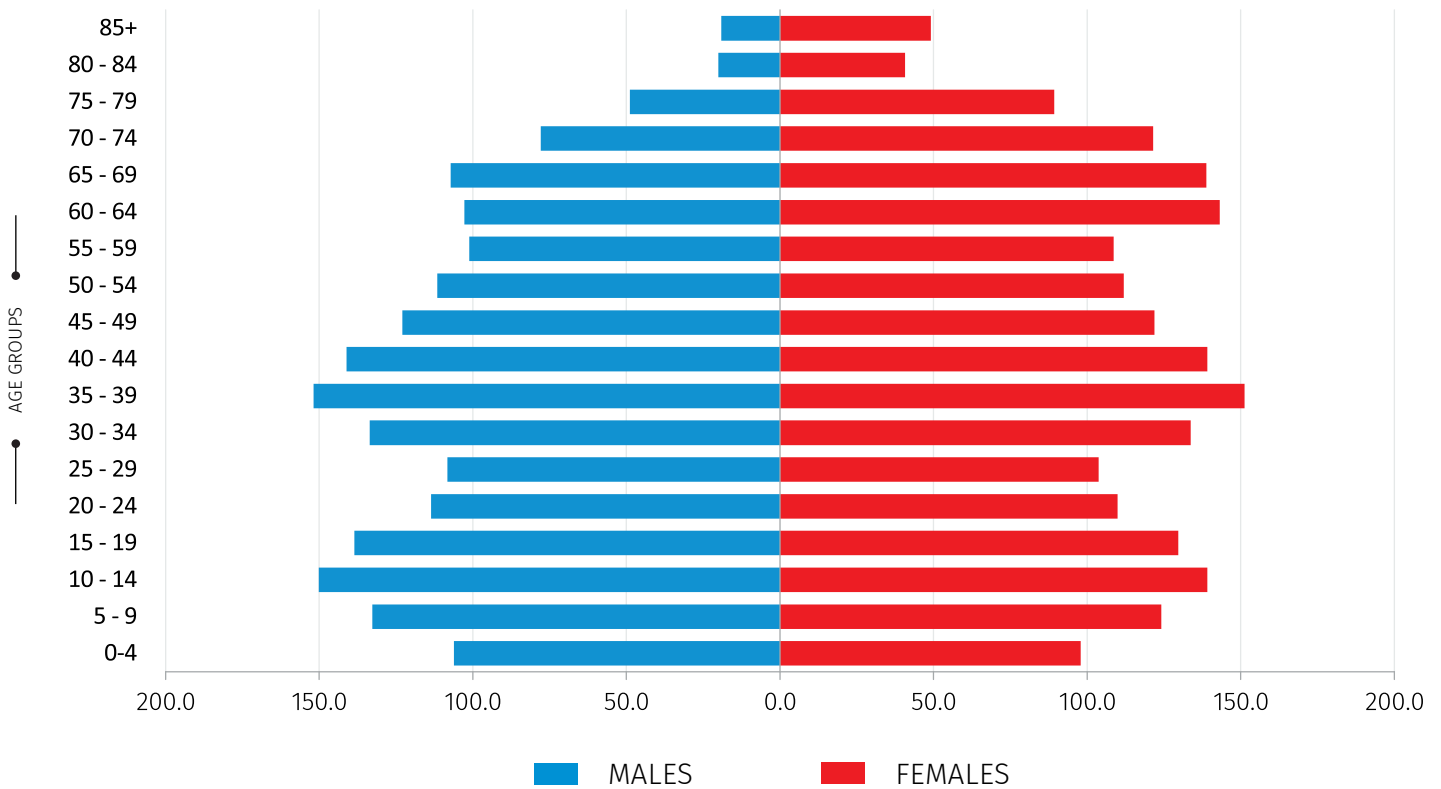
² Based on the results of the 2024 population census, the population size and related data as of January 1, 2025 were recalculated.

POPULATION BY AGE AND SEX

As of January 1, 2026, the share of persons aged 0-14 equals 19.0 percent, the share of the working-age population (15-64 years old) – 62.9 percent, while the share of elderly (65 years and older) – 18.1 percent.

CHART №1

**AGE AND SEX PYRAMID, AS OF JANUARY 1, 2026,
(THOUSANDS)**



As of January 1, 2026, the male population equaled 1 887.6 thousand persons, and the female population was 2 053.5 thousand persons. In Georgia, 48 percent are male and 52 percent are female population.

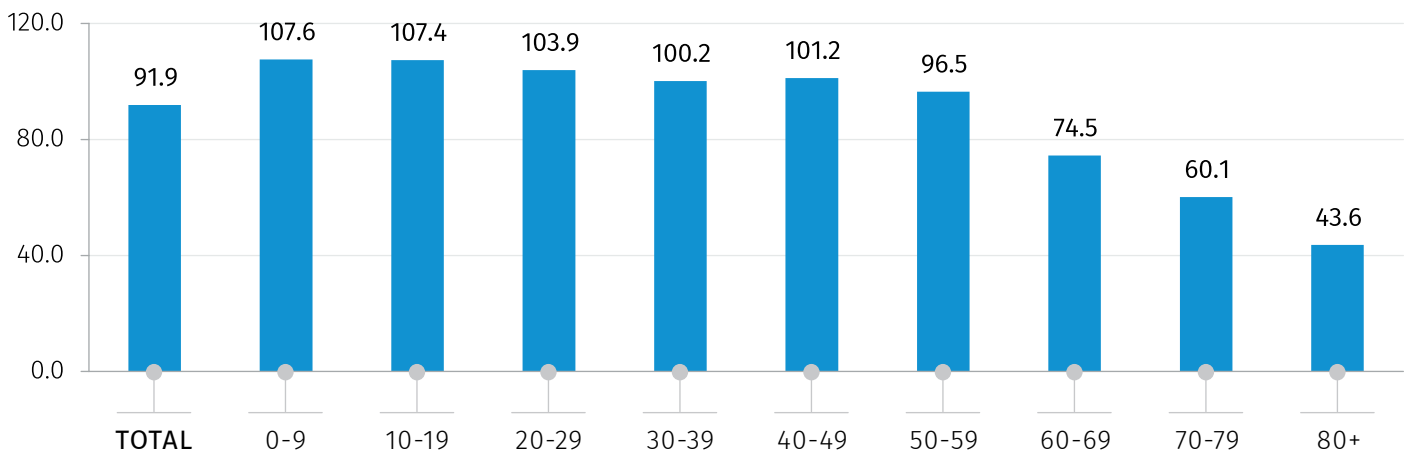
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The sex ratio, i.e. number of men per 100 women, equals 92. It is worth mentioning, that under the age of 50 the number of men exceeds that of women, while the opposite situation is observed for the age group of 50 and over, which could be explained by females' higher life expectancy.

CHART №2

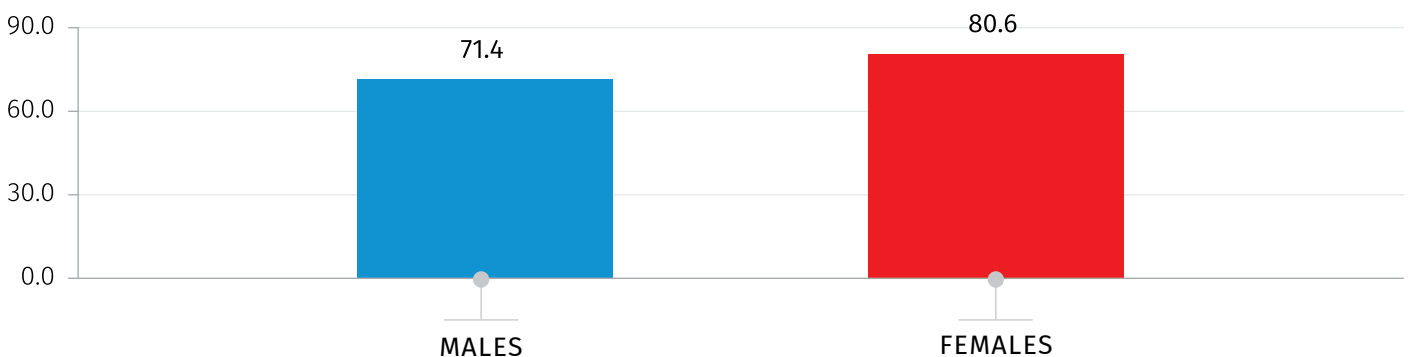
SEX RATIO BY AGE GROUPS, AS OF JANUARY 1, 2026



In 2025 the life expectancy at birth equals 76.0 years, including 71.4 years for males and 80.6 years for females.

CHART №3

LIFE EXPECTANCY AT BIRTH BY SEX,
(YEARS)



As of January 1, 2026, the median age of population equals 38 years.

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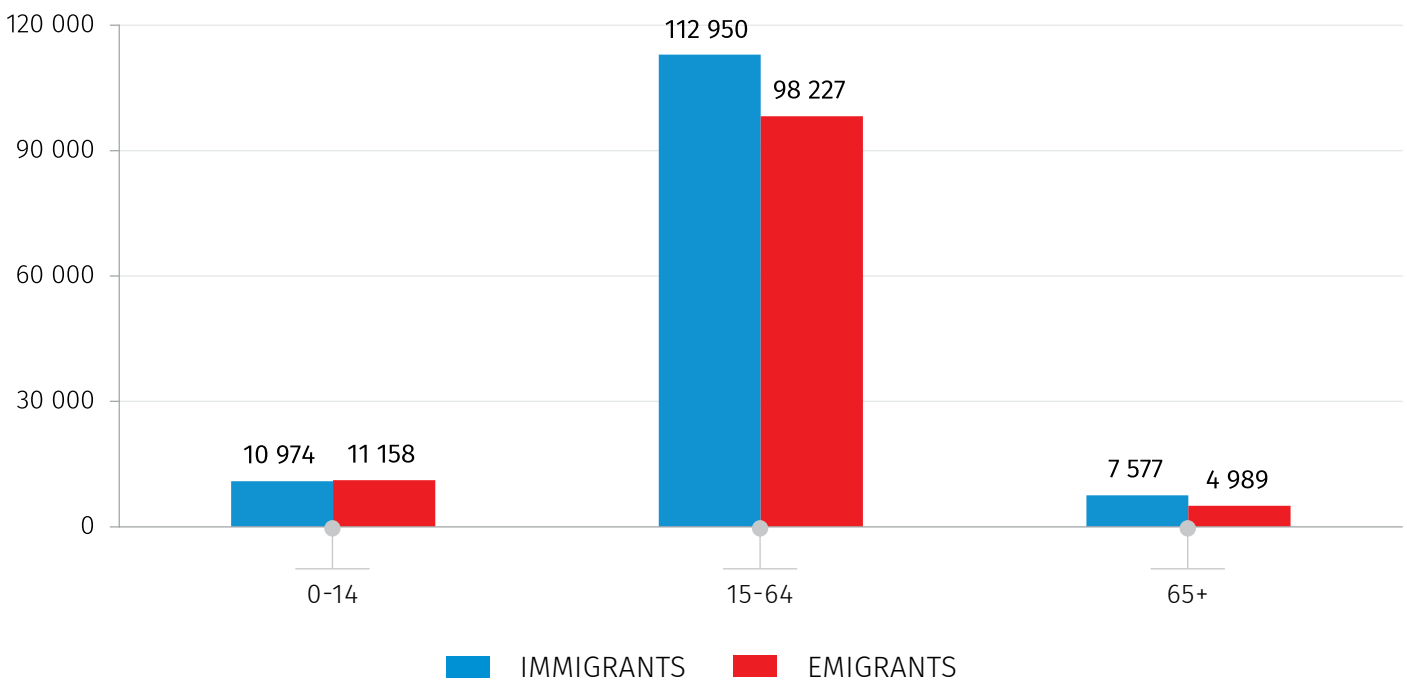
MIGRATION

In 2025, the number of emigrants totals 114 374 persons decreasing by 5.8 percent compared to the previous year. The number of immigrants decreased by 3.2 percent, amounting to 131 501 persons.

In the same time period, 85.9 percent of immigrants as well as emigrants represent the working-age population (15-64 year age group).

CHART №4

NUMBER OF IMMIGRANTS AND EMIGRANTS BY MAIN AGE GROUPS, 2025,
(PERSONS)



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In 2025, 47.2 percent of immigrants and 51.4 percent of emigrants are citizens of Georgia.

NUMBER OF IMMIGRANTS AND EMIGRANTS BY CITIZENSHIP, 2025, (PERSONS)

CITIZENSHIP	IMMIGRANTS	EMIGRANTS
TOTAL	131 501	114 374
Georgia	62 073	58 799
Russian Federation	20 139	19 226
Ukraine	6 937	3 658
India	5 685	4 456
Turkey	5 341	3 328
Azerbaijan	5 574	2 547
Other countries	25 712	22 329
Stateless / Not Stated	40	31

CONTACT PERSONS:

Aleksandre Arabuli, Tel.: 2 36 72 10 (200); E-mail: aarabuli@geostat.ge

Mariam Kavelashvili, Tel.: 2 36 72 10 (020), E-mail: mkavelashvili@geostat.ge